



## Competitive Teams

### Attendance & Commitment

### Policy 2025/26

Cheerleading routines are complex and each team member has a very specific part. Any absences affect the whole team, and their preparedness for competitions. Therefore we have strict attendance and commitment rules for competitive team members. Before accepting their place onto a team, parents / athletes will be asked to agree to the following attendance and commitment policies:

- All training sessions, competitions and showcases are compulsory.
- Athletes must be on time for training and ready to start when training starts.
- Excused absences include:
  - Serious or infectious illness.
  - Compulsory school events.
  - Bereavements, funerals or other family emergencies.
  - Family holidays or school residential trips (not within 2 weeks of competition).
- Unexcused absences include (but are not limited to):
  - Homework or revision.
  - Punishment for behaviour.
  - Parties etc.
  - Non-compulsory school events – e.g. discos.
- In the case of mild illness or injury, athletes may be asked to come and watch training.
- Any planned holidays or school trips must be communicated via email at the start of the season, or otherwise as soon as possible.
- Any unavoidable or excused absences on the day of training (e.g. sickness), must be communicated to Hannah – ideally by text or Whatsapp (07935135536) as soon as possible, to allow coaches to change training plans in accordance.
- Multiple unexcused absences, frequent absences (for any reason) or consistent lateness may result in a loss of position within the routine (e.g. taken out of certain stunts). If absences continue, this may result in a loss of position on the team itself. Previous attendance, punctuality and commitment are all also all considered when it comes to Trials each season.
- Athletes must commit to the whole competitive season to early July 2026. Drop-outs are extremely disruptive to the rest of the team. If an athlete does drop out without good reason (e.g. injury) then the athlete will not be able to return. No training fees, competition entry fees or uniform fees will be refunded – other than in exceptional circumstances or where we are able to recoup that cost, but this is at the club's discretion.