



**2022 - 2023**  
**Season Pack**



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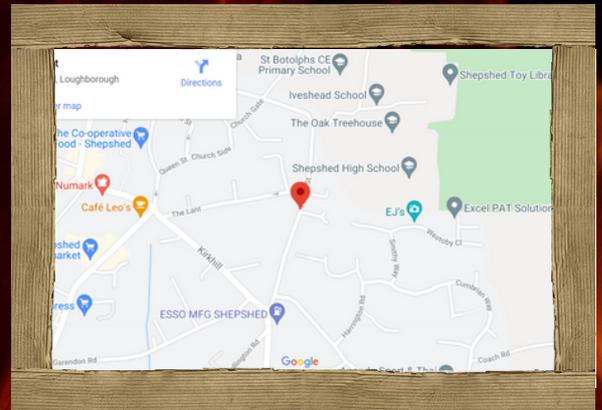
# About WILDFIRE CHEER

Welcome to Wildfire Cheer! Established in 2016, we're now entering our 7th competitive season. This year we are hoping to offer 6 weekly competitive cheer teams, 2 international teams, 3 recreational classes, multiple group stunts, 3 dance teams, plus solos and duos. 2022 - 2023 is set to be our biggest and best season yet!

All of our coaches are fully qualified and hold an enhanced DBS check. We have a first aider in every session and our head coaches are safeguarding trained.

## FIND US

All weekly training currently takes place at Iveshead School in Shepshed. Located just off J23 of the M1, we are highly accessible and have athletes from various locations!



# TEAM TYPES

Recreational Cheer – Cheer classes just for fun! Perfect for learning the basics or if your athlete doesn't want to compete.

Competitive Cheer – These are our main cheer teams and tend to have 10-20 athletes on a team. Athletes learn stunting, pyramids, tumbles, jumps and dance, and combine these skills into exciting and fast-paced routines, which they perform at competitions.

Group Stunt – Athletes learn speciality competitive stunt routines to perform at competitions. Each team is made up of only 4 or 5 athletes who will work towards a routine of purely stunting.

Solo/Duos – These athletes learn speciality tumble or dance routines to take to competition as an individual (solo) or in a pair (duo).

Dance teams – Athletes learn dance routines in either the pom dance or lyrical styles to perform at competitions. This season we are hoping to offer two pom teams for different age groups and at least one lyrical team.



# TRIALS INFO

For athletes interested in competitive teams, we will be holding team trials to help us determine the best team(s) for you.

These decisions will take into account the athlete's current ability, future progression and what is best for the team. Coaches' decisions are final.

We expect that most athletes will be offered a place on a competitive cheer team, especially those aged between 6 and 14. For athletes under the age of 6, an assessment will be made as to whether they are ready for a competitive team or whether they would benefit from another year in recreational cheer. For athletes aged 15+, spaces are not guaranteed and this is also the case for group stunt, dance teams and solo/duos of all ages, as places are more limited.

Before attending trials, please fill out our 2022-23 Competitive Teams Interest Form: <https://tinyurl.com/y7k6pect> - this form can also be found on our website.

Please select all of the teams your athlete is wishing to trial for and indicate any preferences in the specified box. Please be aware that the number of teams we are able to offer to one person may be limited and is at coaches' discretion.



# TRIALS DATES

Dance Taster Sessions:

Tuesday 16th August

Youth Pom & Lyrical (Ages 6 to 10) 6-7pm (FREE)

Senior Pom & Lyrical (Ages 11+) 7-8pm (FREE)

Trials - first week of September if necessary to hold (TBC)



Tiny Cheer Trials (Ages 5 - 6):

Tuesday 23rd August 5.30pm - 6.30pm (£5)



Mini Cheer Trials (Ages 7 - 8):

Thursday 25th August 5.30pm - 6:30pm (£5)



Youth Cheer Trials (Ages 9 - 11):

Thursday 25th August - 6.30pm - 8pm (£7)



Junior/Senior Cheer Trials (Ages 12+ or younger by invitation):

Friday 26th August - 5.30pm - 7pm (£7)



Tumble Solo/Duo Trials (Ages 5+):

Tuesday 23rd August 6:30-7:30pm (£5)



Group Stunt Trials (Ages 5+):

Friday 26th August 6:45 - 8pm (£5)

ALL TRIALS RESULTS WILL BE COMMUNICATED VIA EMAIL BY  
WEDNESDAY 31st AUGUST.

SEASON STARTS WEEK COMMENCING 5TH SEPTEMBER

# TEAMS INFO

Team	Level	Age	Training Times	Monthly Fees
Ember	Tiny Prep L1	5 to 6	Tuesdays 5:30-6:30pm	£18
Sparkle	Mini Novice	6 to 8 TBC	Fridays 5:15-6:15pm	£18
Glimmer	Mini Prep L1	7 to 8	Thursdays 5:30-7pm	£26
Blaze	Youth Prep L1	9 to 11	Tuesdays 6:15-8pm	£30
Phoenix	Junior Prep L2.1	9 to 14	Fridays 5-6:45pm	£30
Inferno	Senior L3	11+	Fridays 6:15-8pm	£30
Flame	U16 L1	Born 2006-2012	Monthly *Sunday 10am-1pm*	£12
Smoke	U18 L2	Born 2004-2009	Twice Monthly Thursday 6:15-8pm *Sunday 12:45-3:30pm*	£15
Glow Girls	Youth Pom	7 to 11 TBC	Tuesdays 5:30-6:30pm	£12 crossover £18 pom only
Glitz	Senior Pom	11+	Tuesdays 6:15-7:30pm	£14 crossover £22 pom only
Radiance	Lyrical	TBC	Thursdays 5:30-6:45pm	£14 crossover £22 lyrical only
Group Stunts	Various	Various	Tuesdays 5:30-6:30pm OR Thursdays 5:30-7pm	£18

Age category for the season is determined by the athlete's age as of 31/08/2022, apart from our international teams (U16/U18) where birth year is indicated in the table. All training takes place at Iveshead School Sports Hall, Shepshed, other than sessions marked with a (\*) which are at The Base Gymnastics Centre (LAGC) in Loughborough.



# COMPETITION SCHEDULE & ENTRY FEES

Competition	FC Circus 4th/5th Mar Sheffield	CC Allstars 25th/26th Mar Nottingham	The Summit 23rd-30th Apr Florida, USA	CC Summer 13th-14th May Warwick	BCA Nats 27th/28th May Telford	FC Internats 24th/25th Jun Bournemouth	CC Nats 1st/2nd Jul Loughboro'
Entry Fee	£35 (1 team) £25 (X-over) £40 (S/D)	£23 (1 team) £18 (X-over) £20 (S/D)	TBC	£23 (1 team) £18 (X-over) £24 (S/D)	£42 (1 team) £25 (X-over) £35 (GS/S/D)	£48 (1 team) £32 (X-over)	£23 (1 team) £18 (X-over) £20 (S/D)
Spectator Tickets	£22 Adult £12 Child	£11 Session £20 Full Day	TBC	£11 Session £20 Full Day	£20 Adult £10 Child	TBC	£11 Session £20 Full Day
Entry/Tickets Deadline	9th Dec	6th Jan	TBC	24th Feb	10th Mar	24th Mar	14th Apr
Ember		*			*		*
Sparkle		*			*		*
Glimmer		*			*		*
Blaze		*			*		*
Phoenix		*			*		*
Inferno		*			*		*
Flame				*		*	
Smoke	*	*	*			*	
Glow Girls		*			*		*
Glitz		*			*		*
Radiance		*			*		*
Group Stunt		*			*		*
Solos/Duos (all optional)	*	*		*	*		*



This season we will be offering the option to pay for competition fees in monthly installments via LoveAdmin (direct debit) alongside training fees. This helps to spread out the cost of competition fees and means you'll never forget to pay in time. For example - for weekly cheer teams the total cost of the 3 competitions is £88. This can be paid in 8 monthly installments (Sep to Apr) of £11 via LoveAdmin, our direct debit system. If you prefer to pay by BACs or cash as the deadlines approach, you can still do this. However any missed payment deadlines will result in an admin charge.

# UNIFORMS

We will be expanding our new design uniform to more teams this season. Athletes in Glimmer, Blaze, Phoenix, Inferno, Flame, Smoke and Group Stunt will need the new design uniform if they don't have one already, these are £105 new (subject to any supplier price increase) or £70 second hand if available. The option to hire may be considered in exceptional circumstances. Payment will be due in November 2022.

Younger athletes in Ember and Sparkle will wear the simpler vest and shorts style uniform. These are £42 new (subject to any supplier price increase) or £25 second hand if available. Payment will be due in October 2022.

All cheer teams will wear the new design hair bow this season, these are £13 per bow. Payment will be due in November 2022.

Costumes for dance teams are TBC but likely to cost £20-40 for anyone needing new. Payment will be due in January 2023.

All athletes will also need to purchase some appropriate shoes - white trainers for cheer teams, black jazz shoes for pom, lyrical tbc (may be barefeet). These can cost as little as £10 or a lot more for the higher range cheer trainers, it's up to you how much you'd like to spend.



# EXTRA CLASSES



## STRETCH CLASS

Flexibility is an area we would like to continue to work on as a club, especially for flyers. Stretch class will be on Fridays 6:30-7:15pm and is open to all aged 5+.

We expect that all who have the role of flyer in their routine, either attend stretch class, or if unable, show that they are working on their stretches at home.

Stretch class will cost just £3 PAYG or £9 per month.

## TUMBLE CLASSES

We run optional tumble classes for athletes to work on their technique and increase their skill levels. These cost £4 PAYG or £12 per month.

Level 1 Tumble (tumble basics up to walkovers & roundoffs)

Thursdays 7 - 8pm

Level 2+ Tumble (handsprings, flicks, tucks & above)

Tuesdays 7 - 8pm

## PRIVATE TUITION

We offer private tuition for athletes of any age and ability to work on their tumbling. Many athletes find that a one-to-one session can help them to make great progress.

Sessions can be weekly, fortnightly, monthly or just a one off.

Costs for private tuition and any solo/duo training are as follows:

30 mins 1-to-1 session/solo = £10

30 mins 2-to-1 session/duo = £7

45 mins 1-to-1 session/solo = £14

45 mins 2-to-1 session/duo = £10

# ATTENDANCE POLICY

We expect a certain level of commitment and attendance from all of our competitive athletes. This is to ensure that we can put out the best routines possible and that all athletes can get the most out of training. Please look through the list of example excused and unexcused absences from training.

## EXCUSED

Serious or infectious illness  
(including Covid)

Compulsory School Events

Family Holiday (not within 2 weeks  
of competitions)

School residential trips

## UNEXCUSED

Homework/Revision – taking part  
in sport has been shown to help  
during stressful times

Non-compulsory school events  
e.g. discos

Punishment for behaviour

Parties etc

We ask that all absences that are known about in advance are communicated to us with as much notice as possible. E.g. any booked holiday dates given at trials please.

Illness or other unexpected emergencies should be communicated to your coach via whatsapp or text message as soon as known about. Please do not email if on the day as this is likely to be missed.

Regular absence (regardless of reason) may result in a loss of space on a team or roles in the routine reviewed, due to the impact on learning the routine and on the rest of the team needing to train their stunts.

# OTHER POLICIES

All other policies can be found on our website -  
<https://wildfirecheer.com/policies/>

Please make sure you have read our Code of Conduct & Anti-Bullying Policy in particular, as you will be asked to agree to this when accepting a place in a team or class.

Please make sure you have also read our most up to date COVID-19 Safety Policies.

# QUESTIONS?

We understand that all of this information may be a bit confusing for new members! If after reading through our season pack, you still have any queries about joining our competitive teams or recreational classes, do not hesitate to get in touch via email: [hannah@wildfirecheer.com](mailto:hannah@wildfirecheer.com) and a coach will get back to you as soon as possible.

